

# FACTS ABOUT THE KINGSTON DESK CHAIR

"Just Right" Headrest™ adjusts to support head and neck.

Back and lumbar support through molded cold-cured foam.

The rock-solid steel undercarriage provides long-term stability

5-star, dual-wheel base available in a variety of wood accents

This desk chair effortlessly reclines, offering additional comfort to the user.

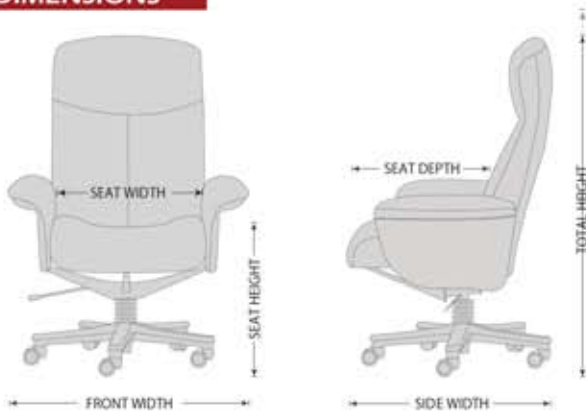
A wide selection of quality leathers allow the perfectly complement to office decor.

An interior steel frame with sinuous springs is encased in cold-cured foam cushions. These in turn are covered with glove-fitted upholstery.

Comfort Glide System™ provides effortless motion.

Gas lift allows this chair to be easily adjusted to the ideal height for the user.

## DIMENSIONS



## FUNCTIONS



CHAIR SIZE	FRONT WIDTH	SIDE WIDTH	TOTAL HEIGHT	SEAT WIDTH	SEAT HEIGHT	SEAT DEPTH
LARGE-SIZED (304)	83cm	79cm	111/118cm	56cm	45/52cm	51cm
STANDARD (204)	77cm	77cm	109/116cm	51cm	45/52cm	49cm

Reported by Reuters Health, November 29, 2006

# HEALTH

## Sitting up straight strains backs

Mom was wrong to scold you about sitting up straight

By Megan Rauscher  
REUTERS NEWS SERVICE

The words still echo in many ears, but science is

as it turns out, sitting upright in a 90-degree position places more strain on the back than sitting slightly reclined in a 135-degree position.

22 healthy adults with no history of back pain or back surgery sat in three different

So for desk-bound workers who want to protect their backs, it is advised that they find a chair with the ability to recline at 135-degrees.

This may be all that is necessary to prevent chronic back pain for employee

